

SUGGESTED CLOTHES LIST FOR SUPERWEEKS

This is not a mandatory list but we recommend that you follow it as closely as you can. For the younger children, their monitor will look after this list and assist them with packing and unpacking.

Child's Name _____	Number Sent	Unpacked at start	Packed on departure
4-5 casual tops or T-shirts			
2-3 pairs of jeans or trousers			
2 warm jumpers or sweatshirts			
1-2 pairs of shorts			
A set of underwear for each day			
A set of socks (at least one pair for walking not short trainer socks)			
1 or 2 sets of night clothes			
1 waterproof jacket, or 1 jacket plus waterproof coat			
1 pair indoor shoes			
1 pair slippers (optional)			
1 pair of outdoor shoes (strong for walking)			
1-2 towels, including one for swimming if needed			
Swimming costume (plus goggles) if needed			
Washing kit (including shampoo) in waterproof bag			
1 hat for sun protection (essential in summer)			
Sun cream			
A bag for dirty clothes			
Day bag & water bottle (not essential but good for outings or daytrips)			
BEDDING: Please see information overleaf about bedding requirements at your child's centre	Sleeping bag		
	Pillowcase		
	Bottom sheet		
Duvet & cover Please only pack a duvet if driving to the centre directly			

Please note: children's clothes and shoes *will* get dirty on a Superweek. We take as much care as we can over clothing, but we recommend packing some older clothes and shoes in your child's luggage.

Bedding Requirements

Centre	Bedding requirements				Swimming
Moor Park	Sleeping Bag	Bottom Sheet	Pillow Case	<i>Pillow Provided</i>	There's a pool at this centre
Edmond Hall	Sleeping Bag	Bottom Sheet	Pillow case	<i>Pillow Provided</i>	No pool
The Elms	Sleeping Bag	Bottom Sheet	Pillow case	<i>Pillow Provided</i>	There's a pool at this centre
Barton Camp	Sleeping Bag	<i>Bottom Sheet Provided</i>	Pillow case	Pillow	There's a pool at this centre

- You can provide a duvet and duvet cover instead of a sleeping bag if you are delivering and collecting your child by car.
- Please try not to send too much! It is important that your child should be able to carry their own luggage at least for a short distance on travel days
- Please don't send any items that are very valuable (including expensive clothing).

Notes

- Please label or mark all clothing (including shoes). We cannot take responsibility for items not marked with your child's name.
- If your child is in our accompanied travel system, the member of staff accompanying them to the Superweek will have luggage labels for their bags.
- If your child wears glasses, a spare pair may be a good idea.
- Please do not send aerosols as these are not allowed in some of our centres.
- If you think the numbers given on the clothes list may not last your child please send more. If your child is attending more than one Superweek, we will ensure that clothes are washed as necessary.
- If you let us know that your child may wet the bed we will send you a separate list of things to send to enable us to manage this.
- Please provide sanitary protection if your daughter might need it.
- The following are useful, for the journey and after lunchtimes, etc., if you have them easily available:
 - A book (or two) to read
 - Small games, pack of cards or puzzles, etc.